☐ Spouse's death certificate



Caregiver Checklist



The caregiving journey can be a little easier when you know what to expect. Use this checklist to help you create a caregiving plan so you can be more prepared for the road ahead.

Begin with a conversation. Ask what matters most to the person you're helping. For example: Living independently as long as possible Staying active with hobbies and friends Being financially secure Other	Create a health information list. ☐ Provider names and phone numbers ☐ Pharmacy information ☐ Medication list and instructions Identify helpful resources. ☐ Home care support services ☐ Home safety, medical equipment and modifications ☐ Alternate living solutions: independent living, assisted living, nursing facility ☐ Respite care ☐ Legal and financial advice ☐ Health care options ☐ Transportation ☐ In-home meal services ☐ Community activity programs Understand end-of-life wishes. ☐ Hospice and palliative care planning ☐ Procedural orders and organ donation
 Military records □ Power of attorney □ Advance directives □ Living will/Do-not-resuscitate (DNR) order □ Funeral planning records 	Learn more and find additional topics in our Healthier Together series. Visit HSHealthierTogether.com/Caregiving

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